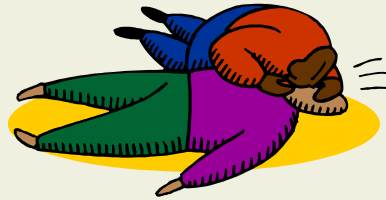


Sudden cardiac arrest (SCA) is the leading cause of death in the United States and Canada. Although estimates of the annual number of deaths due to out-of-hospital SCA vary widely, data from the Centers for Disease Control and Prevention estimates that in the United States approximately 330,000 people die annually from coronary heart disease before reaching a hospital or in the emergency room (an approximation of out-of-hospital SCA). About 250,000 of those deaths occur in the out-of-hospital setting.



## Basic Life Support Training

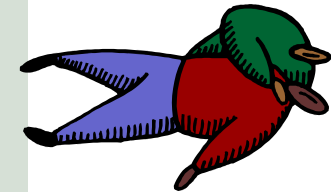


**hva** **HEALTHCARE  
VENTURES  
ALLIANCE**

4544 West Ridge Rd. Suite #3  
Erie, PA 16506  
Phone: (814) 833-1609  
Fax: (814) 833-6820

## Basic Life Support Training

Providing you  
with the  
knowledge and  
skills to save a  
life



Provided by:  
Healthcare  
Ventures Alliance

## *Program Objectives*

- CPR skills for victims of all ages
- Provide working knowledge of an automated external defibrillator (AED)
- Learn how to relieve choking (foreign-body airway obstruction)
- Learn Safety factors in training and actual rescue



The skills you learn in this course will enable you to recognize & respond to emergencies such as sudden cardiac arrest

## *Program Content*

- CPR for Adults
- CPR for Children (1 Year of Age to Puberty)
- Adult & Child Bag-Mask Technique and Rescue Breathing
- Adult & Children 2-rescuer CPR
- Automated External Defibrillator
- CPR for Infants
- Relief of Choking
- Victim & Rescuer Safety
- The Chain of Survival

*Cost: \$35/ Person*

**CLASSES HELD  
MONTHLY**

## *Program Instructors*

Ellen Leonard, RN  
CRRN, CCM, Director  
of Education

&

Diane Mayo, RN, MS  
Nurse Educator

### **2010 SCHEDULE**

JANUARY 22

FEBRUARY 19

MARCH 19

APRIL 26

MAY 21

JUNE 21

JULY 26

AUGUST 20

SEPTEMBER 22

OCTOBER 22

NOVEMBER 23

DECEMBER 21

Contact Jen @ 814-833-1609